GLENROTHES HILLWALKERS CLUB

WALKS PROGRAMME: JANUARY TO JUNE 2027

BUS & TRAVEL ARRANGEMENTS

The bus departs from the car park at Fullarton Road (next to LIDL's car park) at 7.30am prompt. There will be an additional pick up at Halbeath P&R & also Kinross P&R depending on the direction of travel on the day. When booking your seat, you must let the bus organiser know if you want picked up at any of these locations.

To guarantee a seat on the bus you must try & book by the Wed prior to the walk on the Sunday, you can either pay by Bank Transfer or pay on the bus, we encourage people to pay by BT as it makes it easier for our treasurer and saves the bus co-ordinator having to deposit cash in branch/transfer from their own account.

Please note that booking your seat results in an obligation to pay irrespective if the individual cancels or doesn't turn up. Refunds can only be given if you get someone to take your place or under special circumstances. This does not apply to the big bus, where there is no waiting list.

CONTACTS

- **Buses:** Carol McEneany — e-mail: buses@glenrotheshillwalkers.co.uk
- **Walks:** Kevin Murray — e-mail: walks@glenrotheshillwalkers.co.uk

NOTES ON CLUB WALKS — SAFETY & GOOD PRACTICE

Members are responsible for their own safety & should contribute to a safe completion of the walk within the estimated time. In the event of any members being unable to complete the walk, then at least 2 others, or the whole group, should accompany them off the hill.

You'll be out all day on most walks. Check that you have:

- Waterproof jacket & trousers (and gaiters depending on bog/streams)
- Spare warm layers of clothing in your rucksack
- Extra food/drink for unexpected delays/emergencies
- Read, understood and brought a copy of the route description, along with map & compass (in addition offline copy of route map downloaded to OS Maps or equivalent app on mobile device)
- Warm, dry change of clothing and footwear for bus journey home
- Personal survival bag, first aid kit and fully charged mobile device
- Footwear appropriate to the conditions, with enough grip for the terrain.

Further advice & help can be found in our Information Pack or by talking to members of the committee.

DESCRIPTION OF LEVELS OF WALKS

- **A:** Means a challenging route for people with hillwalking experience & knowledge of how to navigate. Summits & ridges up to 1000mts in height "Munros". Winter will sometimes require ice axe & crampons.
- **B:** Means a high-level route like an A walk but at a slower pace, you should also know how to navigate & ice axe & crampons may be needed in winter.
- **C:** A lower-level walk mainly on paths/tracks but may also cover open countryside. The route could be steep in parts & in winter icy paths could be encountered but should not require ice axe & crampons.

TIME ESTIMATOR FACTORS & WALKS SUMMARY (JAN – JUNE 2027)

Time Estimator Factors in This Set of Walks

- **Walk A:** 5.0 km/hr and 1 hr per 400 mts
- **Walk B:** 4.5 km/hr and 1 hr per 400 mts
- **Walk C:** 4.0 km/hr and 1 hr per 350 mts

In addition to this there will be approx. 40 mins of stoppage time for every 6 hrs. This has been added on to the walk time.

Walks Summary Table

Month	Area	Pickup Points	Category	Route	Distance & Ascent	Total Duration
Jan	Moffat	Glenrothes / Halbeath	A & B	White Coombe & Tops	15.2 km (875m)	05:50
			C	Southern Upland Way	15.1 km (321m)	05:15
Feb	Pitlochry	Glenrothes / Kinross	A & B	Mount Battock	20.4 km (911m)	07:05
			C	Glen Dye	17.9 km (442m)	06:25
March	Loch Lomond	Glenrothes / Halbeath	A	Ben Lomond	12.0 km (990m)	05:30
			B	WHW & Conic Hill	20.3 km (694m)	06:55
			C	WHW (No Conic)	15.3 km (347m)	05:20
April	Loch Earn	Glenrothes / Kinross	A	Ben Vorlich Traverse	13.3 km (1,360m)	06:45
			B	Ben Vorlich	14.2 km (1,155m)	06:40
			C	Loch Lubnaig	21.1 km (367m)	06:55
May	Arrochar	Glenrothes / Halbeath	A	Ben Bhuidhe	16.5 km (895m)	06:20
			B	The Brack	15.2 km (815m)	06:30
			C	Glen Lion	16.8 km (469m)	06:02
June	Braemar	Glenrothes / Kinross	A	Lochnagar	19.0 km (930m)	06:50
			B	Broad Cairn	19.4 km (783m)	06:25
			C	Loch Muick & Loch Dubh	19.2 km (429m)	06:35

January 2027 – Moffat

OS Map Required (1:25k): OS Explorer 330 (Moffat & St Mary's Loch) & 336

Category & Walk Name	GPX / Route	Distance & Ascent	Est. Moving Time	Total Duration	Start / Finish Time
A & B Walk - White Coombe & Tops	Download GPX	15.2 km (875 m)	05:15	05:50	09:45 – 15:35
C Walk - Southern Upland Way	Download GPX	15.1 km (321 m)	04:40	05:15	10:15 – 15:30

Walk Descriptions

• A & B WALK: White Coombe & Tops (via Grey Mare's Tail)

Start / Finish Point: Grey Mare's Tail Car Park (NT 186145) | Key Summits: White Coombe (821m, Corbett – NT 164191), Carrifran Gans (757m), Firthybrig Head (791m)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start at Grey Mare's Tail car park heading north-west up the steep path alongside Tail Burn.	186145	—	—
2	Climb past the waterfall viewpoint onto the plateau overlooking Loch Skeen.	168159	2.1 km	00:55
3	Follow the eastern shore path of Loch Skeen north toward the head of the loch.	169172	1.6 km	00:30
4	Ascend the broad north-east ridge climbing steadily to the summit of White Coombe (821m).	164191	2.4 km	01:05
5	Retrace steps south-east to the col above Loch Skeen before turning west onto the high ridge.	168172	2.2 km	00:35
6	Traverse the undulating ridge south-west across Firthybrig Head and Carrifran Gans.	155163	2.1 km	00:40
7	Descend the south-eastern shoulder from Priest Craig toward the valley floor.	161152	2.1 km	00:40
8	Join the lower track alongside Tail Burn and return to Grey Mare's Tail car park.	186145	2.7 km	00:50

• C WALK: Southern Upland Way (Beattock to Moffat / Glengap)

Start / Finish Point: Near Beattock / A701 Junction (NT 292246) to Northern Trailhead (NT 329365) | Key Summits: None (Waymarked long-distance trail)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start from the southern trailhead heading north-west along the Southern Upland Way.	292246	—	—
2	Follow the waymarked track through open farmland and lower forestry borders.	281271	3.1 km	00:55
3	Continue north-east as the path climbs gradually across rolling hill pasture.	296295	3.2 km	01:00
4	Cross the mid-section burn and follow the clear track north toward the watershed.	301319	2.8 km	00:55
5	Navigate north-east along the ridge track with open views over the Southern Uplands.	316333	2.2 km	00:45
6	Descend north-east along the firm estate track toward the upper glen.	326348	2.0 km	00:35
7	Follow the final stretch north-west along the lane to the bus pick-up point.	329365	1.8 km	00:30

Key Timing & Transport Summary

- **Outbound:** 07:30 Fullarton Road Car Park ➔ 07:50 Halbeath P&R ➔ 09:45 Walk A & B Drop-off (Grey Mare's Tail) ➔ 10:15 Walk C Start Point.
- **Return:** 15:45 Depart Walk C Finish Point ➔ 16:15 Pick up Group A & B Walkers (Grey Mare's Tail) ➔ 18:10 Halbeath P&R ➔ 18:35 Fullarton Road Car Park.

February 2027 – Pitlochry (Glen Esk & Glen Dye)

OS Map Required (1:25k): OS Explorer OL53 & 396

Category & Walk Name	GPX / Route	Distance & Ascent	Est. Moving Time	Total Duration	Start / Finish Time
A & B Walk - Mount Battock	Download GPX	20.4 km (911 m)	06:20	07:05	09:45 – 16:50
C Walk - Glen Dye	Download GPX	17.9 km (442 m)	05:45	06:25	09:55 – 16:20

Walk Descriptions

• A & B WALK: Mount Battock (Traverse from Glen Esk to Glen Dye)

Start / Finish Point: Tarfside / Glen Esk (NO 541788) to Bridge of Dye (NO 648868) | Key Summits: Mount Battock (778m, Corbett – NO 538839)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start near Tarfside heading north-west along the track beside the Water of Tarf.	541788	—	—
2	Climb steadily north up the broad southern ridge toward Hill of Wirren / Wester Cairn.	544804	2.4 km	00:45
3	Continue north across open heather moorland following the fence line toward Mount Battock.	541825	2.5 km	00:45
4	Ascend the final rocky slope to the summit trig point of Mount Battock (778m).	538839	1.9 km	00:45
5	Head east along the broad watershed ridge descending gradually toward Bennybeg.	562846	2.6 km	00:45
6	Follow the distinct Land Rover track east-north-east across the moorland plateau.	593856	3.4 km	00:55
7	Continue descending east along the estate track overlooking Glen Dye.	622863	3.5 km	00:55
8	Follow the final stretch of track east down through forestry to Bridge of Dye.	648868	4.1 km	01:30

• C WALK: Glen Dye (Glen Esk to Bridge of Dye Low-Level Route)

Start / Finish Point: Glen Esk Roadhead (NO 542789) to Bridge of Dye (NO 648867) | Key Summits: None (Low-level glen and forestry tracks)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start from the lower glen roadhead heading north-east along the estate track.	542789	—	—
2	Follow the track north-east through mixed woodland and open grazing.	563815	3.4 km	01:05
3	Continue east-north-east along the firm track parallel to the burn.	588832	3.2 km	01:00
4	Traverse east across the lower moorland pass entering Glen Dye.	620834	3.5 km	01:10
5	Follow the track north-east alongside the Water of Dye through forestry.	643845	3.1 km	01:00
6	Continue north along the riverside path directly to Bridge of Dye.	648867	4.7 km	01:30

Key Timing & Transport Summary

- **Outbound:** 07:30 Fullarton Road Car Park ➔ 07:55 Kinross P&R ➔ 09:45 Walk A & B Drop-off (Glen Esk) ➔ 09:55 Walk C Start Point.
- **Return:** 17:00 Depart Bridge of Dye (All Groups) ➔ 18:50 Kinross P&R ➔ 19:15 Fullarton Road Car Park.

March 2027 – Loch Lomond

OS Map Required (1:25k): OS Explorer OL39 & 364

Category & Walk Name	GPX / Route	Distance & Ascent	Est. Moving Time	Total Duration	Start / Finish Time
A Walk - Ben Lomond	Download	12.0 km (990 m)	04:55	05:30	10:15 – 15:45
B Walk - WHW & Conic Hill	Download	20.3 km (694 m)	06:15	06:55	09:45 – 16:40
C Walk - WHW (No Conic)	Download	15.3 km (347 m)	04:50	05:20	09:50 – 15:10

Walk Descriptions

• A WALK: Ben Lomond (via Tourist Path & Ptarmigan Ridge)

Start / Finish Point: Rowardennan Car Park (NS 359986) | Key Summits: Ben Lomond (974m, Munro – NN 367028)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start at Rowardennan car park heading north-east through oak woodland on the well-made tourist path.	359986	—	—
2	Climb steadily out of the forestry onto the open southern shoulder with widening views over Loch Lomond.	363998	1.5 km	00:35
3	Continue ascending the broad south ridge as the path steepens slightly toward the upper hillside.	366011	1.5 km	00:40
4	Tackle the steeper zig-zags climbing up the rocky summit cone toward the main crest.	367022	1.3 km	00:45
5	Follow the exposed final ridge (care needed in cloud/snow) to the summit trig point of Ben Lomond (974m).	367028	0.9 km	00:30
6	Descend south-west off the summit onto the rougher, rocky Ptarmigan Ridge (or retrace tourist path in winter).	357018	1.6 km	00:45
7	Continue descending the Ptarmigan Ridge overlooking Loch Lomond toward the lower forestry boundary.	352002	2.4 km	00:50
8	Re-enter the woodland and join the West Highland Way south back to Rowardennan car park.	359986	2.8 km	00:50

• B WALK: WHW & Conic Hill (Drymen to Rowardennan)

Start / Finish Point: Drymen (NS 446902) to Rowardennan Car Park (NS 359986) | Key Summits: Conic Hill (361m – NS 428919)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start near Drymen heading north-east toward Garadhban Forest on the West Highland Way.	446902	—	—
2	Follow the waymarked forest track west toward open moorland.	450924	3.1 km	00:45
3	Exit the woodland onto open hillside and ascend to the rocky ridge of Conic Hill (361m).	428919	2.8 km	00:55
4	Descend the steep stone-pitched WHW steps down to Balmaha car park.	421909	2.2 km	00:40
5	Continue north-west from Balmaha along the undulating lochside path past Milarrochy Bay.	411922	2.6 km	00:45
6	Follow the forestry and shoreline trail north toward Cashel and Sallochy Bay.	382958	4.5 km	01:15
7	Climb gently through oak woodland above the eastern shore past Ross Point.	369973	2.8 km	00:50
8	Descend through the final stretch of forest directly into Rowardennan car park.	359986	2.3 km	00:45

• C WALK: WHW – No Conic (Drymen Low-Level Bypass to Rowardennan)

Start / Finish Point: Near Drymen / Milton of Buchanan (NS 444902) to Rowardennan (NS 359985) | Key Summits: None (Low-level road/trail bypass of Conic Hill + lochside WHW)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start near Drymen heading west along the minor road toward Milton of Buchanan, bypassing Conic Hill.	444902	—	—

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
2	Follow the quiet B837 road west alongside Loch Lomond to Balmaha.	421909	3.6 km	01:00
3	Join the West Highland Way north-west out of Balmaha through Craigie Fort woods.	411922	2.2 km	00:40
4	Follow the lochside path past Milarrochy Bay and Cashel.	396941	2.8 km	00:50
5	Continue along the rolling woodland trail past Sallochy Bay.	382958	3.2 km	01:05
6	Follow the final oak woodland stretch north-west into Rowardennan car park.	359985	3.5 km	01:15

Key Timing & Transport Summary

- **Outbound:** 07:30 Fullarton Road Car Park ➔ 07:50 Halbeath P&R ➔ 09:45 B & C Drop-off (Drymen) ➔ 10:15 Walk A Start Point (Rowardennan).
- **Return:** 16:45 Depart Rowardennan (All Groups) ➔ 18:35 Halbeath P&R ➔ 19:00 Fullarton Road Car Park.
- **Drop-off / Pick-up Order:** Drop-off: Walks B & C (Drymen) ➔ Walk A (Rowardennan) | Pick-up: All Together (Rowardennan)

April 2027 – Loch Earn

OS Map Required (1:25k): OS Explorer OL46 & OL47

Category & Walk Name	GPX / Route	Distance & Ascent	Est. Moving Time	Total Duration	Start / Finish Time
A Walk - Ben Vorlich Traverse	Download	13.3 km (1,360 m)	06:05	06:45	10:15 – 17:00
B Walk - Ben Vorlich	Download	14.2 km (1,155 m)	06:00	06:40	10:00 – 16:40
C Walk - Loch Lubnaig	Download	21.1 km (367 m)	06:15	06:55	09:45 – 16:40

Walk Descriptions

• A WALK: Ben Vorlich Traverse (Glen Ample to Ardvorlich)

Start / Finish Point: Glen Ample / Edinample (NN 583137) to Ardvorlich, Loch Earn (NN 633231) | Key Summits: Stùc a' Chroin (975m, Munro – NN 609171) & Ben Vorlich (985m, Munro – NN 617174)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start in Glen Ample heading south-east up the steep track alongside the burn.	583137	—	—
2	Climb onto the open west ridge approaching the rocky slopes of Stùc a' Chroin.	601158	2.6 km	01:05
3	Scramble up the steep, rocky prow to the summit of Stùc a' Chroin (975m).	609171	1.3 km	00:50
4	Descend the steep north-east scree slope down to the Bealach an Dubh Choirein.	613178	1.1 km	00:40
5	Climb steeply north-east out of the bealach onto the summit ridge of Ben Vorlich (985m).	617174	1.4 km	00:55
6	Head north along the broad ridge toward the subsidiary north top.	629199	2.1 km	00:45
7	Descend the well-worn tourist path north-west into Glen Vorlich.	631215	2.3 km	00:50
8	Follow the estate track north past Ardvorlich House to the A85 at Loch Earn.	633231	2.5 km	01:00

• B WALK: Ben Vorlich (via Ardvorlich Out-and-Back)

Start / Finish Point: Ardvorlich, Loch Earn (NN 632232) | Key Summits: Ben Vorlich (985m, Munro – NN 617174)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start at Ardvorlich on the south shore of Loch Earn heading south up the estate track.	632232	—	—
2	Follow the clear track south alongside Ardvorlich Burn into the glen.	631213	2.1 km	00:35
3	Leave the lower glen track and climb steadily onto the broad north ridge.	629198	1.8 km	00:45
4	Continue ascending the wide ridge path toward the rocky upper slopes.	624184	1.7 km	00:50
5	Follow the final crest south-west to the summit trig point of Ben Vorlich (985m).	617174	1.5 km	00:50
6	Retrace steps north-east off the summit ridge back toward the north top.	624184	1.5 km	00:40
7	Descend the broad northern shoulder back down into Glen Vorlich.	631213	3.5 km	01:20
8	Rejoin the estate track and follow it north back to Ardvorlich at Loch Earn.	632232	2.1 km	01:00

• C WALK: Loch Lubnaig (Strathyre to Lochearnhead via NCN 7)

Start / Finish Point: South of Loch Lubnaig / Strathyre (NN 586091) to Lochearnhead (NN 592237) | Key Summits: None (Low-level lochside & old railway cycleway/footpath)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start near the southern end of Loch Lubnaig heading north along the lochside trail.	586091	—	—
2	Follow the eastern shore path north through Strathyre Forest.	581131	4.3 km	01:15
3	Continue north along the old railway trackbed past the head of Loch Lubnaig into Strathyre.	559172	4.8 km	01:25
4	Cross the River Balvag and follow the NCN 7 forestry track north through Balquhidder Station.	567205	4.2 km	01:15
5	Climb gradually through Glen Ogle woodland high above the valley floor.	575219	3.9 km	01:10
6	Descend the zig-zag path east into Lochearnhead village.	592237	3.9 km	01:10

Key Timing & Transport Summary

- **Outbound:** 07:30 Fullarton Road Car Park ➔ 07:55 Kinross P&R ➔ 09:45 Walk C Drop-off (Loch Lubnaig) ➔ 10:00 Walk B Drop-off (Ardvorlich) ➔ 10:15 Walk A Start Point (Glen Ample).
- **Return:** 17:00 Depart Ardvorlich (Walks A & B) ➔ 17:15 Pick up Group C Walkers (Lochearnhead) ➔ 19:05 Kinross P&R ➔ 19:30 Fullarton Road Car Park.

Sunday 9th May 2027 – Arrochar

OS Map Required (1:25k): OS Explorer OL39 & OL38 (Loch Lomond North & South)

Category & Walk Name	GPX / Route	Distance & Ascent	Est. Moving Time	Total Duration	Start / Finish Time
A Walk - Beinn Bhuidhe, via Glen Fyne	Download	16.5 km (895 m)	05:40	06:20	10:30 – 16:50
B Walk - The Brack and Cnoc Còinnich	Download	15.2 km (815 m)	05:50	06:30	10:20 – 16:50
C Walk - Glen Lion	Download	16.8 km (469 m)	05:22	06:02	10:05 – 16:07

Walk Descriptions

• A WALK: Beinn Bhuidhe, via Glen Fyne

Start / Finish Point: Glen Fyne Track Head (NN 191124) | Key Summits: Beinn Bhuidhe (948m, Munro – NN 203187)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start at track head in Glen Fyne heading north along estate route.	191124	—	—
2	Follow the initial low-level track past early waypoints.	193135	2.1 km	00:25
3	Continue following the glen path alongside the river course.	201152	2.3 km	00:30
4	Proceed further north towards the upper river bends.	210174	2.5 km	00:30
5	Pass through mid-valley terrain approaching the lower slopes.	218191	2.6 km	00:35
6	Begin steady ascent heading towards the ridge and summit path.	215208	1.8 km	00:40
7	Climb higher onto the open ridge line approaching peak contours.	208217	1.9 km	00:50
8	Final push to summit of Beinn Bhuidhe (203187), then retrace steps down ridge and follow valley estate track south back to start point.	191124	3.3 km	01:30

• B WALK: The Brack and Cnoc Còinnich, Ardgartan

Start / Finish Point: Ardgartan (NN 245030) | Key Summits: The Brack (787m, Corbett) and Cnoc Còinnich (762m, Corbett)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Start near Ardgartan heading northwest past initial forestry tracks.	245030	—	—
2	Follow forest path ascending away from the main road.	234042	1.8 km	00:32
3	Break out of the forest towards open hillside terrain.	223056	2.1 km	00:38
4	Climb steeply up the ridge towards the first summit plateau.	217064	1.5 km	00:41
5	Traverse across to the summit ridge of The Brack (787m).	213071	1.2 km	00:32
6	Descend off the ridge towards the bealach before climbing towards Cnoc Còinnich.	201085	2.6 km	00:52
7	Ascend to summit of Cnoc Còinnich (762m) and loop back along connecting ridges.	207079	2.4 km	00:46
8	Return via lower glen path and forestry back to Ardgartan start point.	245030	3.6 km	01:09

• C WALK: Glen Lion

Start / Finish Point: Glen Lion Route Head (305226) | Key Summits: None (Low-level glen & loop track)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Leave start point heading northeast along the initial track section.	305226	—	—
2	Follow track north towards the lower valley split.	316246	2.2 km	00:43
3	Proceed along path towards northern turnaround area.	309270	2.6 km	00:51
4	Traverse west across upper valley floor tracks.	287267	2.4 km	00:47
5	Descend southward along western loop route.	281260	1.8 km	00:36
6	Continue south-east across connecting low ground paths.	304263	2.9 km	00:56
7	Head south back toward valley base track junction.	309248	2.1 km	00:42

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
8	Follow final section south back to start/end point.	305226	2.8 km	00:55

Key Timing & Transport Summary

- **Outbound:** 07:30 Fullarton Road Car Park ➔ 07:50 Halbeath ➔ 10:00 C Walk (Glen Lion) ➔ 10:15 B Drop-off Point (Ardgartan) ➔ 10:30 Walk A Start Point (Glen Fyne).
- **Return:** 17:10 Depart Walk A Finish Point (Glen Fyne) ➔ 17:20 Pick up Group B Walkers (Ardgartan) ➔ 17:45 Arrive & Pick up Group C Walkers (Glen Lion) ➔ 19:42 Halbeath Park & Ride ➔ 20:10 Fullarton Road Car Park.

6th June 2027 – Braemar

OS Map Required (1:25k): OS Explorer OL53 (Braemar & Lochnagar)

Category & Walk Name	GPX / Route	Distance & Ascent	Est. Moving Time	Total Duration	Start / Finish Time
A Walk - Lochnagar circuit	Download	19.0 km (930 m)	06:10	06:50	10:30 – 17:20
B Walk - Broad Cairn	Download	19.4 km (783 m)	05:45	06:25	10:30 – 16:55
C Walk - Loch Muick & Loch Dubh	Download	19.2 km (429 m)	05:55	06:35	10:30 – 17:05

Walk Descriptions

• A WALK: Lochnagar circuit, Glen Muick (Walkhighlands Route)

Start / Finish Point: Spittal of Glen Muick Car Park (NO 313952) | Key Summits: Lochnagar - Cac Càrn Beag (1155m, Munro)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Follow clear tarmac and gravel path from car park across wooden footbridge.	313952	—	—
2	Follow the main estate land rover track northwest past forestry.	318957	2.4 km	00:30
3	Keep to the obvious uphill path tracking alongside the burn.	322957	2.8 km	00:35
4	Navigate by following the distinct path leading up to the bealach.	324957	3.1 km	00:40
5	Scramble up through the well-worn boulder field of The Ladder path.	241857	2.5 km	00:30
6	Head south on open ground, aiming for the descending ridge line.	320936	2.2 km	00:30
7	Follow the engineered path descending past the waterfalls and lodge, turn left at the lodge.	316942	3.3 km	00:40
8	Join the wide lochside track and follow it straight until reaching boathouse and turning right, following track back to car park.	313952	2.7 km	00:35

• B WALK: Broad Cairn (Walkhighlands Route — Follow until Stage 7 then take left branch of path, Leg 6 below)

Start / Finish Point: Spittal of Glen Muick Car Park (NO 313952) | Key Summits: Broad Cairn (998m, Munro)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Leave car park heading south-west along track (Start).	313952	—	—
2	Follow track past lower burn and scattered trees.	314947	1.9 km	00:30
3	Continue heading south along track toward open moorland.	314940	1.7 km	00:25
4	Bear right onto rising path toward higher glen terrain.	316926	1.3 km	00:20
5	Ascend west across high plateau to Broad Cairn summit.	248919	5.4 km	01:15
6	Descend east along ridge line towards lower track junction.	321912	3.5 km	00:50
7	Follow returning track north-east parallel to Loch Muick.	317923	3.2 km	00:45
8	Continue north-east along estate track back to start point (End).	313952	2.4 km	00:35

• C WALK: GHC – Loch Muick & Loch Dubh (Follow until Stage 4 turnaround point, returning south of Loch Muick)

Start / Finish Point: Spittal of Glen Muick Car Park (NO 313952) | Key Summits: None specified (Low-level lochside circuit)

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
1	Leave car park and head south-west past visitor boards.	313952	—	—
2	Follow track west past Allt an Dubh-Ghlinne path junction.	314943	1.9 km	00:30
3	Head north-west toward plantation and lower valley tracks.	315945	1.7 km	00:30
4	Descend south-west towards river and lower valley floor.	318927	4.8 km	01:15
5	Follow track west toward western loop turnaround point.	319926	0.9 km	00:15
6	Navigate northern loop past high ground back toward glen.	325931	5.9 km	01:30
7	Proceed east towards lower valley path connection.	319922	4.0 km	01:00

Leg	Navigation Description	Grid Ref	Dist. (km)	Time Taken
8	Follow returning track north-east back to start point (End).	313952	1.9 km	00:30

Key Timing & Transport Summary

- **Outbound:** 07:30 Lidl ➔ 07:53/07:58 Kinross ➔ 10:24 Glen Muick.
- **Return:** 17:40 Depart Glen Muick ➔ 20:06 Kinross ➔ 20:34 Lidl.
- **Drop-off / Pick-up Order:** Drop-off Order: All Together | Pick-up Order: All Together