

GLENROTHES HILLWALKERS CLUB

WALKS PROGRAMME JULY-DEC 2025

BUS & TRAVEL ARRANGEMENTS

The bus departs from the car park at Glenrothes Town Centre behind Boots the chemist at 7.30am prompt. To guarantee a seat on the bus, it must be booked by the Wednesday & paid for (if possible) preceding the Sunday walk.

Please note that booking a seat results in an obligation to pay irrespective of whether the individual cancels

Refunds can only be given if you arrange for someone to take your place

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Walks George Walkingshaw e-mail walkingshawgeorge@gmail.com mobile no. 07876381082

Chair Steve Thurgood e-mail ghcchair@gmail.com

NOTES ON CLUB WALKS

Safety & Good Practice

Members are responsible for their own safety & should contribute to a safe completion of the walk, within the estimated time. In the event of members being unable to complete the walk, then at least 2 others, or the whole group, should accompany them off the hill.

You'll be out all day on most walks. Check that you have:

Waterproof jacket & trousers, walking boot

Spare clothing in your rucksack/bus

Extra food & drink for unexpected delays/emergencies

A map & compass

Further advice & help can be found in our Information Pack or by talking to members of the committee

Description of Levels of Walks

A) Means a challenging route for people with hillwalking experience & knowledge of how to navigate. Summits & ridges up to 1000mts in height "Munros". Winter will sometimes require ice axe & crampons

B) Means a high level route similar to an "A" walk but at a slower pace, you should also know how to navigate & ice axe & crampons may be needed in winter

C) A lower level walk mainly on paths & tracks but may also cover open countryside.

The route could be steep in parts. In winter icy paths could be encountered but shouldn't require an ice axe

Time estimator factor in this set of walks

A	5.0	1hr per 450mts
B	4.5	1hr per 400mts
C	4.0	1hr per 350mts

In addition to this there will be approx. 40mins of stoppage time for every 6hrs.

SUN 6th July

CAIRNGORMS

OS36

WALK A

BYNACK MORE GR042063

Start from the Reindeer Centre GR978098 & take the road heading E to Glenmore Lodge which then turns NE to Lochan Uaine(The Green Lochan) 45mins .After a short distance the path splits at GR003111, take the right hand track as it goes E then SE to the bridge over the River Nethy
It is a gradual climb SE to another split in the track at GR039088(2hrs)
The track now turns S & the long climb to the bouldery summit(1hr 10mins)
Return by the outward route & the pick up at the Reindeer centre(2hrs 20mins)

22km & 900mts climbing Time approx 7hrs

WALK B

Meall A' Bhuachaille(Corbett) GR991116

OS36

Start same as the A walk till the path splits at GR00311 but go straight ahead to Ryvoan Bothy(1hr20m)The path now heads W up the hillside to the summit(1hr 20mins)
The track now turns W&NW over Creagan Gorm & on to Craigowrie GR962137(1hr 20mins)
The ground can be boggy in places.
The path now swings SW in to Queen's Forest where you pick up a track that goes SE to Badaguish then continues down to the road & the final walk along the side of Loch Morlich & the pick up at the Reindeer Centre.(1hr 50mins)

17km & 750mts climbing Time approx 7hrs

WALK C

**SPEYSIDE WAY
KINCRAIG-AVIEMORE**

OS35/36

Starting from Kincaig walk a short distance down the road to pick up the "Way" at GR833058
The trail follows the railway line & the River Spey NE, eventually leaving the river & carrying on to a railway bridge & the entrance to the Kinrara Est.(1hr 15mins)It is possible to visit the Duke & Duchess of Gordon's Monuments & the Waterloo Cairn.
If you Google these then you will see walking guidelines(2.5hrs)

From the track next to the loch GR883094 walk up the E side where you pick up the "Way" at another bridge GR881102 & follow the trail all the way to Aviemore & the pick up at the Railway Station(1hr 10mins)

14km & 350mts climbing Time approx 5.5hrs

Drop off C first then A&B Pick up A&B then C

SUN 10th AUG

BRIDGE OF ORCHY

OS50

WALK A

BEINN AN DOTHAIDH GR331408 & BEINN DORAIN GR325378

Starting from the Bridge of Orchy hotel, cross the busy A82 towards the railway station, using the underpass, pick up the path heading E along the side of the Allt Coire an Dothaidh as it gradually climbs up in to Coire an Dothaidh & the bealach(2hrs)

For Beinn Dorain take the path from the bealach heading S, the path twists & turns till you reach a cairn(this is not the top) the true summit is about another 200mts on(1hr 30mins)

Return to the bealach(30mins)

From the bealach a faint path traverses NE across the grassy slopes, this could be a bit boggy, try & avoid the steeper ground, heading for spot height .993, then follow the rim of the coire to spot height .1004 which is the true summit of Beinn Dothaidh(50mins)

Keep following the rim of the coire to spot height .1000, on a good day you'll get lovely views of Loch Tulla & the surrounding hills.

You now descend S to the bealach(30mins) before descending back down Coire an Dothaidh on the outward route & back to the hotel(50mins)

14km & 1250mts climbing Time approx 6.5hrs

WALK B

BEINN DORAIN GR325378 or BEINN AN DOTHAIDH GR331408

OS50

See A walk for details of the walk, both walks are very similar.

Beinn Dorain: Hotel-Bealach(2hrs 10mins) Bealach-Top(1hr 20mins) Top-Bealach(1hr 10mins)
Bealach-Hotel(50mins)

10km & 900mts climbing Time approx 5.5hrs

Beinn an Dothaidh: Hotel-Bealach(2hrs 10mins) Bealach-Top(1hr) Top-Bealach(30mins)
Bealach-Hotel(50mins)

9.5km & 950mts climbing Time approx 5.5hrs

WALK C

WEST HIGHLAND WAY

OS50

KIRKTON FARM-BRIDGE OF ORCHY

Start from the entrance to Kirkton Farm GR356281 & follow the WHW all the way to Bridge of Orchy.
Start-Tyndrum(1hr 30mins) Tyndrum-Auch(1hr 40mins) Auch-Bridge of Orchy(1hr 30mins)

16km & 250mts climbing Time approx 5.5hrs

Drop off C first then A&B
Pick up altogether

SUN 7th SEPT

DRUMOCHTER

OS42

WALK A&B

CARN NA CAIM GR67821 & A'BUIDHEANACH BHEAG GR661776

Start from the track next to the A9 GR639822, go through the gate, the track heads briefly N before turning R as it steadily climbs NE up to the plateau & spot height .902(2hrs)

A track goes off to your left following old fence posts, which helps with navigation, after approx 2km The track goes L as the ridge & the fence posts bends to the R.

A shallow depression is crossed before the final rise to the summit(50mins)

Return to spot height .902(45mins)

You now turn S heading for A'Bhuidheanach, before reaching the cairn turn L downhill, cross the bealach, then the ground rises gradually SE to the minor top of A'Bhuidheanach Mhor.

Head SW & S to the trig point of your 2nd Munro(1hr)

Return to spot height .902(1hr) then follow the track back down to the start & pick up point(50mins)

19km & 850mts climbing Time approx 7.5hrs **This is timed at B pace**

This ground is very boggy in places & careful navigation is needed in bad weather

WALK C

HOUSE OF BRUAR-BLAIR ATHOLL

OS43

Starting from the House of Bruar take the track heading for Balnacroft. Follow the track NW to the sharp bend in the track, leave the track here & take the path through the tress to the spectacular "Falls of Bruar" return to the track(1hr)

Walk E along the track for a short distance before turning L & heading N through Balvain Wood & Glen Banvie Wood.

The track heads N for approx 3.5km(1hr 30mins)

You eventually come out the woods as the track turns SE down Glen Banvie to Old Blair(1hr 20mins)

There are several ways to the Railway Station/Hotel & your pick up point through the Castle grounds & estate, decide on the day which way you'd like to go(1hr)

14km & 300mts climbing Time approx 5.5hrs

There will be plenty time for some shopping at House of Bruar & also a refreshment at the Hotel

Drop off C first then A&B

Pick up A&B first then C

WALK A**CREAGAN NA BEINNE(CORBETT) GR744368**

Start from Junction of road of the A827 & the minor road on the S south side of Loch Tay, just before you go in to Kenmore. Walk along the minor road to Acharn where you pick up the Rob Roy Way & follow the path to the Falls of Acharn(a great spot)1hr.

Now take the track S over Tom na Moine, keep heading S to approx GR754395 where you leave the track & head W to spot height .658(2hrs). Turn S again over open ground as it rises steadily to the top(1hr 10mins)

Return to spot height .658, drop down E to the track & turn N to the junction of track at GR753406(1hr 10mins)

Turn E & cross the Acharn burn & at the next junction turn L heading NE to another junction where you Turn L again passing a stone circle until you pick up the RRW at GR766431(1hr).

Now follow the RRW to the minor road, turn L & walk down the road & in to Kenmore & the pick up point(1hr)

24km & 1050mts climbing Time approx 8hrs

WALK B**BEINN BHREAC GR733403****OS51**

Start same as A to spot height .658

Start to Falls of Acharn(1hr 10mins) Falls to spot height .658(2hrs 20mins)

From spot height .658 turn NW up the easy slopes to the summit(50mins)

Return to spot height .658 & again follow the A route back to Kenmore.

From spot height .658-junction of track GR753406(35mins)

Junction of track GR753406-Junction of track GR766431(1hr 10mins)

From minor road-Kenmore(1hr 10mins)

22km & 850mts climbing Time approx 8hrs

WALK C**KENMORE-ABERFELDY VIA ROB ROY WAY****OS51/52**

Start same as A/B as far as Falls of Acharn(1hr 20mins)

Now follow the RRW E to the minor road(1hr 15mins)

Turn R & follow the minor road to the Lochan(GR800433 1hr 15mins)

Now follow the track over open moorland until you reach the Falls of Moness & the Birks of Aberfeldy (2hrs)

Finish the walk off with a lovely wander down the Birks & the pick up in Aberfeldy.(40mins)

19km & 500mts climbing Time approx 7hrs

This walk can be cut short by missing out the Falls of Acharn 14km & 400mts climbing 5.5hrs

There will be time for a refreshment in the Black Watch pub

Drop off Altogether

Pick up A&B then C

SUN 9th NOV

GLENSHEE(HIGH TEA)

OS43

WALK A&B

GLAS MAOL GR167766 & CREAG LEACACH GR155745

Start at the first ski centre car park heading E past the ski lifts/runs to Meall Odhar GR156744(1hr)

Turn SE on a path to Glas Maol(1hr)

Retrace your route to the fence line GR164768, follow the fence line SW, S then SW again to reach the summit of Creag Leacach(1hr)

Now follow the ridge line to Carn Ait GR143734 & over several tops to Carn an Daimh GR135712(1hr 10mins)

Now take the easiest line down to the W slopes to the track that leads to Tomb GR121701 & pick up the CATERAN Trail that leads to the Spittal of Glenshee & the pick up point

15km & 650mts climbing Time approx 6hrs

This is timed at B pace

WALK C

CATERAN TRAIL

OS43

Start from the minor road to Blacklunans next to the A93 GR143599

Follow this road for approx 1km then turn L at the junction GR148605, walking N towards Cray(1hr 20mins)

From Cray turn R on the B951 for approx 0.75km then turn L at GR150642, following the signs for the CATERAN Trail, NW towards Dalnaglar Castle & then on to Broughdearg(1hr 20mins), then on to Tomb & the Spittal of Glenshee & the pick up point(1hr 50mins)

14km & 350mts climbing Time approx 5hrs

There's approx 6km of roadwalking

Drop off C first then A&B

Pick up altogether

BURNMOUTH-EYEMOUTH-ST ABBS_COLDINGHAM

Start from the A1 & the village of Burnmouth GR953608

Walk down the minor road & pick up the BCP & walk N

Follow the coastline through Eyemouth(1hr 50mins)-Coldingham Bay(1hr 30mins)-St Abbs(25mins)

Return to Coldingham Bay then follow the route to the village of Coldingham & the pick up point(50mins)

This is a cracking walk along one of the finest coastlines on Scotland's E coast.

14km & 400mts climbing Time approx 5.5hrs

This is timed at C pace

There will be time for a refreshment in the pub in Coldingham

Drop off altogether

Pick up altogether

It's member's own responsibility when booked on a club walk to continually check the weather forecast, club website, e-mails, txts for any changes/cancellations to the planned walk

The club will try & offer an alternative walk if possible.

They should also check the route/map of the walk they intend doing, a more detailed description of some of the walks can be found on the Walk Highlands web page.

They should also make themselves aware of the drop off & pick up points of the bus.

If anybody would like to suggest a walk they would like to do then just contact the walks organiser