

# GLENROTHES HILLWALKERS CLUB

## WALKS PROGRAMME JULY-DEC 2024

### BUS AND TRAVEL ARRANGEMENTS

The bus departs from the car park at Glenrothes Town Centre behind boots at 7.30am prompt. To guarantee a seat on the bus, it must be booked and paid for (if possible) preceding the Sunday walk

**Please note that booking a seat results in an obligation to pay irrespective of whether the individual subsequently cancels. Refunds can only be given if you arrange for someone else to take your place**

Buses Lindsay Macdonald e-mail [buses@glenrotheshillwalkers.co.uk](mailto:buses@glenrotheshillwalkers.co.uk) mobile no. 07926162401

Chair Steve Thurgood e-mail [ghcchair@gmail.com](mailto:ghcchair@gmail.com)

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### NOTES ON CLUB WALKS

#### Safety and Good Practice

Members are responsible for their own safety and should contribute to a safe completion of the walk by all, within the estimated time. In the event of members being unable to complete the walk, at least two others, or the whole group, should accompany them off the hill.

You'll be out all day on most walks. Check that you have:

**Waterproof Jacket, trousers & boots**

**Spare clothing in your rucksack**

**Extra food and drink for unexpected delays or emergencies**

**A map and compass**

Further advice and help can be found in the Information Pack and by talking to members of the committee

#### Description of Levels of Walks

**A)** Means a challenging route for people with hillwalking experience & knowledge of how to navigate in poor conditions. Summits & ridges, usually 1000mts/3000ft plus "Munros"

Winter will often require ice axe & crampons & the ability to use them

**B)** Means a high level route at a slightly slower pace, often one "Munro" or a "Corbett". You should also know how to navigate in poor conditions.

An ice axe & crampons may still be required in winter

**C)** A lower level walk, often on paths/tracks but may also cross open countryside. The route could be steep in parts. In winter icy paths/tracks may be encountered but should not require an ice axe

#### **Time estimator factors used in this set of walks**

<b>Walk</b>	<b>Ave pace km/hr</b>	<b>Ascent factor</b>
<b>A</b>	<b>5.0</b>	<b>1hr per 450mts</b>
<b>B</b>	<b>4.5</b>	<b>1hr per 400mts</b>
<b>C</b>	<b>4.0</b>	<b>1hr per 350mts</b>

In addition there will usually be approx 40mins stoppage time for every 6hrs walking

**This has been added to the walk time**

Sun 7<sup>th</sup> July

Braemar

Walk A&B

Carn an T-Sagairt Mor GR208843 & Cairn Bannoch GR223826

OS43/44

Start from the car park opposite Achallater Farm on the A93 GR155883

Take the track heading SE & S as it criss crosses the Callater burn heading for Lochcallater Lodge GR178884 (1hr 30mins)

Just before you reach the Lodge there's a path on your left which goes NE, SE & NE again to gain the NW slopes of the Munro where you have your final climb on to the top(2hrs 10mins)

To head for the 2<sup>nd</sup> Munro drop down SSE on to the plateau & then SE & an easy walk on to Cairn Bannoch (40mins)

Return by your outward route but skirt the 1<sup>st</sup> Munro on the S & W side, following the path back down to Lochcallater Lodge(1hr 30mins)

Follow the track back to the car park & the pick up point(1hr 10mins)

**A decision can be taken on the day if you want to do 1 or 2 Munros**

22km & 850mts climbing Time approx 8hrs

**This is timed at B pace**

Walk C

Creag nan Gabhar-Braemar

OS43

Start same as A&B but only follow the track as far as the fork at GR163873 where you take the twisting track as it climbs towards spot height .584 Sron Dubh(1hr 15mins)

You now have a lovely ridge walk as it climbs steadily for approx 3km S before turning SW for a short distance to the summit cairn(1hr 40mins)

Return to the starting point (1hr 30mins)

From the car park take great care crossing the A93 where you turn left at the fence at Achallater Farm, then turn right at the end of the fence & cross the Clunie water by the bridge GR154883, now turn right & walk along the minor road in to Braemar & the pick up point(1hr 10mins)

16km & 550mts climbing Time approx 6.5hrs

Start altogether

Pick up C then A&B

Sun 11<sup>th</sup> Aug

Crianlarich

**Walk A&B**

**Cruach Ardrain GR409212 & Beinn Tulaichean GR416196**

**OS50/56**

Start from the car park W of Crianlarich GR922389 & follow the track S under the railway line for approx 2km where you descend E to a bridge over the River Falloch(not on map).(40mins)

Look for a feint path next to the fence line as it climbs steeply on to the W slopes of Grey Heights.(1hr 30mins)

It is now a very undulating ridge walk along to Meall Dhamh then continuing along the ridge before the final climb on to Cruach Ardrain.(1hr 40mins)

Look for the obvious path, it is only a 2km walk to your next Munro but you have to drop height to the bealach & then the final climb on to the 2<sup>nd</sup> Munro.(50mins)

On a good day it is possible to drop in to Coire Earb & pick up the outward track that will take you back to the starting point, this is a steep grassy slope which may be very difficult in wet conditions.

If not you will have to go back the way you came, climbing over 1<sup>st</sup> Munro, there's a bypass path on the W slopes but again is steep & rocky & could be difficult in bad weather, take the route that is easiest on the day.

It is approx 2.5hrs walk back to the car park from Beinn Tulaichean.

A decision can also be made on the day whether to climb 1 or 2 Munros

16km & 1400mts climbing Time approx 8hrs

**This is timed at B pace**

**Walk C**

**Lochearnhead-Killin(Rob Roy Way)**

**OS51**

Start at Lochearnhead where a road leads up to the old railway station at GR587238, just before this a path climbs through the trees to the old railway line(30mins)

Follow the old railway line(RRW) N through Glen Ogle, the track eventually crossing the A85 just past Lochan Lairig Chiele at GR557284(1hr 40mins)

Take the track that swings NE, ignoring other tracks on your left, follow this track for approx 4km, where it joins a track next to the Achmore Burn GR587306(1hr 10mins)

Turn R & after a short distance turn L & follow the track to the mast at GR602315(1hr)

Just past the mast take the path on your L as it drops down to the minor road, turn L again & follow the minor road in to Killin & the Falls of Dochart & your pick up point(1hr)

16km & 500mts climbing Time approx 6.5hrs

Drop off C first then A&B

Pick up A&B then C

Sun 8<sup>th</sup> Sept

Drumochter

Walk A&B

Geal Charn GR597783 & A'Mharconaich GR604763

OS42

Start from the car park at Balsporran Cottages GR123456

Take care crossing the Railway to pick up the track on the opposite side, take note of the state of the burn on your left as you need to cross this at the end of your walk, if it's in spate you may not be able to cross this.

Follow the track, ignoring the first track on your right, before crossing a burn by a footbridge & then a little further on you take the next track on your right.

The track eventually changes to a path as you climb higher up the heathery slopes, passing a cairn on your left & after approx 1km you reach your first summit of the day(2hrs)

Hopefully lovely views all around at this point.

Descend SW & S to reach the wide bealach at 740mts(25mins)

There's a track across the bealach that you follow for approx 350mts before turning SE, climbing up the broad slopes beyond where the ground levels off before turning left again NE across the plateau to the final Munro(1hr)

Descend N down the steep ridge with the Coire on your right, as you get lower down the going gets easier but the path gets very boggy. You follow the path all the way down to just before the cottages where you pick a spot to cross the Allt Coire Fhar burn, cross the railway to the car park(1hr)

If the river is in spate it could be better to return to the bealach & pick up the track that runs NE above the Allt Coire Fhar, a safer alternative

12km & 750mts climbing Time approx 5hrs

**This is timed at B pace**

Walk C

**Rob Roy Way  
Pitlochry-Grandtully-Pitlochry**

OS52

Start from the car park next to the Railway Station & walk up to the main street & turn right, walk down the main street as far as the corner, turn right again & walk down the minor road to the suspension bridge over the River Tummel to Port na Craig.

Cross the road where you will pick up the RRW as it heads SW in to the forest(1hr)

It is a straightforward route on paths/tracks, passing a stone circle on your right & as you come out the trees at GR923557(1hr 10mins) the countryside now opens in front of you with hopefully fine views all the way to Aberfeldy.

The path now starts to descend on a grassy track all the way to Grandtully.

This is where the top slalom canoeists practice/train.

Take time to wander around the village & sample the ice cream.

Return by the outward route.

Grandtully-tree line(1hr 40mins)

Tree line-Pitlochry, pick up at the car park(1hr 10mins)

15km & 600mts climbing Time approx 6hrs

Drop off C first then A&B

Pick up A&B then C

Sun 6<sup>th</sup> Oct

Tyndrum

Walk A&B

Beinn Challium(GR386322)

OS50

Start from the car park at Dalrigh next to the A82(GR344293)

Walk SE to pick up the WHW & follow this as it passes Auchtertyre & then on to Kirkton Farm(GR360284) (30mins)

Before reaching the farm a track goes off to your left & up to a level crossing at the railway line.

Once across the railway line follow the track for a short distance before following a faint path on to the open hillside.

Continue alongside the deer fence where there are high stiles to cross.

There are some boggy areas here & further on you need to cross to the other side of the fence to avoid the worst of the boggy ground.

The going improves as you climb higher up the grassy slopes to the S top following a line of fence posts most of the way.(3hrs)

From the S summit care is needed in bad visibility as the ridge is split in 2 by a cleft.

Head W for a short distance to cross the cleft before following the ridge N where it drops slightly before climbing again to the Munro(20mins)

Hopefully you'll get magnificent 360deg views

Return by the outward route to the car park & the pick up

14km & 1000mts climbing Time approx 6.5hrs

**This is timed at B pace**

Walk C

Dalrigh-Tyndrum(Via Connonish Mine)

OS50

Start from the car park at Dalrigh next to the A82(GR344293)

Follow the road /track W as it follows the River Connonish all the way to Connonish Farm(GR302285)(1hr 30mins)

The track carries on behind the farm then heads SW to the foothills of the Munro Ben Lui(it's ok we are not climbing it lol)(1hr)

This is a magnificent mountain best appreciated from the E

Return to the farm(45mins) & take the track that goes NW & W to Connonish Mine(if allowed)(40mins)

Return by the outward route as far as the track that heads through the woods at GR315286(45mins)

Follow this track all the way in to Tyndrum passing the railway station & the pick up point at the Green Welly.

17km & 450mts climbing Time approx 6hrs

Drop off altogether

Pick up C first then A&B

Sun 10<sup>th</sup> Nov

Glenshee

OS43

### High Tea Walk

**Walk A&B**

**Ben Gulabin(Corbett) GR 123456 & Glean Taitneach**

Start from the layby on the A93 GR114713

There's a rough track that traverses on the E side of the hill, turning gradually around to the N side where you may see remains of an old ski tow which was in use before the ski centre was built.

As you approach the bealach(1hr) look for a track on your left, follow the track/path as it climbs steeply up to the plateau & then turn R to the summit cairn(40mins), hopefully you'll get cracking views of the hills to the W.

Return to the bealach.

Continue on the track that heads N on the W side of Creagan Bheithe & then on to Carn Mor GR110751

At the junction of the track GR104758(1hr 40mins), ignore the first junction, the track now swings SW to spot height .788

Keep following the ridge S to spot height .747

Continue S & SW down Coire Snith to the track in Gleann Taitneach(1hr)

Follow the track back to the Spittal of Glenshee & the pick up(50mins)

15km & 800mts climbing Time approx 5.5hrs

**This is timed at B pace**

**Walk C**

**Cateran Trail**

**OS43**

Start from the minor road to Blacklunans, next to the A93 GR143599.

Follow this road for approx 1km then turn L at the junction GR148605 walking N towards Cray (1hr 20mins)

From Cray turn R on the B951 for approx 0.75km, then turn L at GR150642, following the signs for the Cateran Trail, NW towards Dalnaglar Castle & then on to Broughdearg(1hr 20mins) then Tomb & the Spital of Glenshee, the pick up point(1hr 50mins)

14km & 350mts climbing Time approx 5hrs

**There's approx 6km of roadwalking**

Drop off C first then A&B

Pick up altogether

**Walk altogether**

Starting from the car park GR690516 make your way down to the beach & walk along the sands S to Corbie Knowe (45mins)

**If it's high tide or the River Lunan is in spate you may have to return to the car park & follow the minor road to Red Castle & access the beach from there**

From Corbie Knowe follow the farm track SW to New Mill, the track now turns SE to North Mains, turn right & after approx 600mts turn L towards Ethie Barns(1hr)

At the next junction turn R to Ethie Castle & at the next junction turn L past Boghead & using the farm tracks head for the small coastal village of Auchmithie(1hr 10mins)

Again using the farm tracks make for the coastal path that winds along the top of the cliffs past the Seaton Estate before winding down to the promenade.

**Great care should be taken walking along the cliff tops**

16km & 250mts climbing Time approx 5.5hrs

**This is timed at "C" pace**

Drop off altogether

Pick up altogether

**There will be time for a wee refreshment in Arbroath at the end**

**Members booked on a club walk should continually check the weather forecast/club website/e-mails/txts for any changes/cancellations to the planned walk, the club will try and offer an alternative walk if possible.**

**It is members own responsibility to check the routes/maps of the walk they intend to be doing.  
A more detailed description of some of the walks can be found on Walk Highlands web page**

**They should also make themselves aware of the drop off points, pick up points of the bus**

**If there's a specific walk that any member would like to do then please get in touch with the walks organiser**

**If in any doubt contact the following**

**Bus convenor [buses@glenrotheshillwalkers.co.uk](mailto:buses@glenrotheshillwalkers.co.uk)**

**Walks [walks@glenrotheshillwalkers.co.uk](mailto:walks@glenrotheshillwalkers.co.uk)**

**Chair [chair@glenrotheshillwalkers.co.uk](mailto:chair@glenrotheshillwalkers.co.uk)**







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